

REGISTRATION FORM

Deadline for registration is Thursday,
March 13, 2019.

Name(s) _____

School District _____

Phone _____

Email _____

COST

There is a \$15.00 breakfast charge
Scan/email completed registration to:
wnyesc@buffalo.edu or
FAX to (716)645-3840

This program is open to all districts.
Please call (716)645-2932 for membership
information.

**WESTERN NEW YORK EDUCATIONAL
SERVICE COUNCIL**

Presents

“HEALTH, BENEFITS & WELLNESS”

PREMIER CONSULTING ASSOCIATES

Susan Schrembs, Director of Client Relations

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UNYTS



March 20, 2019
8:30 a.m. – 10:00 a.m.

Millennium Hotel
2040 Walden Avenue
Buffalo, NY 14225

ABOUT THE SEMINAR

While Americans today live longer, they don't necessarily live a healthy or active lifestyle. Early identification of those individuals who may or may not know they have a chronic disease such as diabetes, high blood pressure, high cholesterol or obesity is key to preventing a catastrophic event. Behaviors and lifestyles **CAN** be changed through wellness programs. Employing a qualified wellness program can lower your healthcare costs.

Employer sponsored wellness programs engage both sick and healthy participants and can be customized to meet the needs of each group. Employee participation in these programs can be encouraged through employer-designed incentives.

Premier Consulting can show you how to change the behavior that drives your medical costs.

ABOUT THE PRESENTER

Susan Schrembs, Director of Client Relations

Susan's dedication to her clients and their needs, and a commitment to reduce the cost of health care is her trademark. With more than 25 years of self-funded experience, she joined Premier with experience working at a national third-party administrator as the director of cost containment. She has also worked for a Medicare/Medicaid HMO as the director of provider data management, working with physician contracts.

Susan's expertise in claims management, cost containment, stop loss, contract negotiations, wellness initiatives and vendor relationships allows her to work on behalf of clients to reduce their future claim costs. Her experience in hospital bill negotiation, network contracting, transplant negotiations and wellness initiatives provides her clients with additional resource to reduce their long-term costs.

As Susan continues to strive to provide the best service for clients and their plan members, she believes that changing the behaviors that drive medical costs through wellness programs and initiatives, is the best way to a healthier plan.

PROGRAM

8:30 a.m.	Breakfast
9:00 a.m.	Presentation
9:45 – 10:00 a.m.	Q & A
10:00 a.m.	Program concludes

LOCATION

**Millennium Hotel
2040 Walden Avenue
Buffalo, NY 14225**

WHO SHOULD ATTEND

This program would be highly beneficial to:

- School Superintendents
- Assistant Superintendents of HR & Personnel
- Benefits Coordinators
- Business Officials

All staff members are welcome to attend